



Sri GVG Visalakshi College for Women, Udumalpet- 642128
Autonomous & Affiliated to Bharathiar University, Coimbatore
Accredited at A+ Graded by NAAC (4th Cycle)
An ISO 9001-2015 Certified Institution
www.gvgvc.ac.in gvgprincipal@gmail.com Ph.04252-223019




**Women's Studies Center & Green Initiatives & Environmental Club
jointly organizes**

Webinar on

SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN
Affiliated to Bharathiar University
Accredited by A+ NAAC (Fourth Cycle)
AN ISO 9001:2015 Certified Institution

Women Studies Centre & Green Initiatives &
Environmental Club jointly organizes a
Webinar on
" Indispensable role of Nutraceuticals
in Empowering Women Health."

Resource Person



Dr. T. Shri Vijaya Kirubha
Professor & Head, Dept. of
Pharmacognosy
R&D Director
Periyar College of Pharmaceutical
Sciences
Trichy

Mrs. P.Kavitha Convener
Dr. R.Gomathi Member
Miss. R.Reshma Member

Dr. G.Yamuna Convener
Mrs KKowsalaya
Miss. U. Manimekalai

Chief Patron
Dr. N. Rajeswari
Principal

Date & Time :22.11.2022
2 pm to 3.15 pm

meet.google.com/ubv-nwjt-zjk



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Programme Sheet

Date: 22.11.2022

Time: 02.00 pm to 03.15 pm

- Meeting Link : meet.google.com/ubv-nwjt-zjk
- Prayer Song : MS.B. Uma Nandini BA Tamil (Sf)
- Welcome Address : Dr. Yamuna Associate Professor,
Department of Economics
- Special Address : **“Indispensable role of Nutraceuticals in Empowering Women Health”**
Dr.T.Shri Vijaya Kirubha
Professor & head,
Dept.of
Pharmacogny
R&D Director
Periyar College of Pharmaceutical
Sciences, Trichy.
- Vote of thanks : Mrs.
K.Kowsalya
Assistant
Professor,
Department of
Logistics.

NATIONAL ANTHEM

Minutes Note:

"Indispensable Role of Nutraceuticals in Empowering Women Health"

Date : 22.11.2022
Time : 2 PM to 3:15 PM
Venue : Conference Hall 1

Resource Person: Dr. T. Shri Vijaya Kiruba
Professor & Head, Dept of Pharma
R&D Director Cognate
Periyar College of Pharmaceutical
Sciences
Trichy.

Women Studies Centre and Green initiatives jointly organised the webinar titled "Indispensable Role of Nutraceuticals in Empowering Women Health" on 22.11.2022 at Conference Hall 1. The programme started with Prayer song by Miss. Uma Nandhini (B.A Tamil (SP)) followed by Miss Reshma Assistant Professor, Dept of Zoology delivered welcome address of gathering. The Resource Person Dr. Shri Vijaya Kiruba has given special address about the following aspects:

- Food components and nutrients
- Scope of Nutraceuticals
- Therapeutic Areas such as Arthritis, Sleeping disorders, digestive problem, BP, Cholesterol and Diabetes.
- Let food be the medicines and Importance of consuming Amla, Aloo, Turmeric and fibre content vegetables in routine life.

Date : / /

Page No.:

Miss Abhitha II B.A Logistics Proposed
Vote of Thanks. The Programme comprised of
120 students from English Literature, Economics
History and Economics with Logistics and
five faculty members.

Convener: A. June

Rajiswari P
Principal 28.12.20

Members :

- 1) K. Kousatej
- 2) U. Rade

